



**Aids Research  
Assistance Institute  
#8 Calloway Ct.  
Mansfield, TX 76063  
Your Contact: Wendy Selvig  
719.229.0348  
[www.aidsresearch.org](http://www.aidsresearch.org)**

May 1, 2007

Dear Sir or Madam;

I am thrilled to let you know about a miracle breakthrough for AIDS patients, one that you can utilize with your grass roots operations around the world! Our "all natural" flax based nutritional product has been proven to supercharge a depleted immune system and give an AIDS sufferer a new life, new hope and a future! This product also helps with nutritional stabilization and helps increase appetite for extremely ill people.

After 3 years of successful testing, we now supply non profit organizations with this product which costs only pennies per day for a child with AIDS. We want to help you with large quantity supplies of this "life giving" product so you can be a blessing to those that you're touching around the world.

The product is easy to administer, it tastes good, the shelf life is indefinite, and it's considered a food supplement so it's very easy to transport/import/export. We surely have the answer for the AIDS pandemic of the 21st century. It's in our hands and we want to get it into your hands.

If you have an interest in supplying this product to dying AIDS patients, please contact Wendy Selvig who is our International Coordinator. She'll help you with the grant process and to make sure that your organization benefits from this all natural, miracle breakthrough in AIDS nutritional health.

Sincerely,

Dr. Daniel Daves  
Director, AIDS Research & Assistance Institute

*Psalm 118:17 "I shall not die, but live, and declare the works of the Lord."*

## **FOR IMMEDIATE RELEASE**

### **AIDS RESEARCH SUGGESTS A NATURAL SOLUTION**

Dallas, TX. - May 1, 2007 - AIDS Research Assistance Institute announces that they are opening up opportunities to other health and missions organizations who would like to partner with them to bring relief to people worldwide suffering from HIV and AIDS.

ARAI assists in research to find natural solutions to the third world pandemic. They have found a natural product that boosts people's immune systems greatly, and it has had a very positive effect on those specifically afflicted with AIDS/HIV.

Dr. Daniel Daves, International Director of ARAI said, "We believe that flax hull lignans are 'The Answer' for rural third world HIV sufferers who don't have access to expensive and time sensitive anti-retroviral medications. Many times, the medical care facilities are hours or days away from many sufferers. The flax lignans are much more affordable and easy to distribute, not in need of critical refrigeration and they have a very long shelf life. Testing has shown very positive immune system strengthening and nutritional results."

ARAI has been involved in 3 anecdotal studies using the flax hull lignans. The first two rounds of study involved 100 people in each round with various illnesses, some of which were HIV, breast cancer, prostate cancer, lymphoma, bone cancer, arthritis, hepatitis C and diabetes.

The third round of study was done in Africa on 100 people, all were HIV positive, and 75% experienced AIDS symptoms. The results are very impressive. AIDS patients lost their wasting symptoms of AIDS and have had HIV viral load levels drop significantly. Some have had levels drop to non detectible within 90 days. From round 1 and 2 of the studies, cancer patients are reporting reductions in the sizes of tumors. Diabetes Type 1 patients have had a leveling of sugars in the bloodstream, and the list goes on. Ten percent of the subjects reported no change in their conditions.

<http://www.aidsshivawareness.org/news.htm>

Here is a testimonial (more testimonials are available at: [aidshivawareness.org](http://www.aidsshivawareness.org)):

"I have one testimony of a church member who happens to be my aunt Fungisai Musadzirimha of Harare in Zimbabwe. She knew that she had the virus after the death of her husband in the year 2002. Since then she started deteriorating, having chest problems, and losing a lot of weight. She attended a seminar that you held here in Zimbabwe where she got the flax. She took the flax once every day before she went to bed. She has recovered very well that you can't even tell that she has the virus. She is no longer always ill as she was before. I can say she is going to live longer than what she was going to before the flax.

Thank you very much. - Tendayi Musadzirimha - Zimbabwe - For His Aunt,  
an AIDS patient in Zimbabwe. [http://www.aidsshivawareness.org/flax\\_who.htm](http://www.aidsshivawareness.org/flax_who.htm)

ARAI is working with organizations in Swaziland and South Africa to help find reasonable solutions to their pandemic which has infected 28.5 million Africans, 3.2 million of them innocent children. "We're hoping other organizations will see the results we've gotten and be encouraged. Flax Hull Lignans are an inexpensive and reasonable way to offer hope into the life of an AIDS patient." said Dr. Daves. ARAI has sent \$600,000 in flax lignan product to Africa, resulting in thousands of "one month supply" containers donated to desperate AIDS sufferers through various grass roots clinics and organizations.

ARAI is a non-profit organization, and they provide grants and discounts to organizations who would like to join their Flax Hull Lignan Program. More information about ARAI, the 2006 clinical results, and flax hull lignans is available at: [AidsSHIVAwareness.org](http://AidsSHIVAwareness.org). For interview arrangements, email [ARAIREP@comcast.net](mailto:ARAIREP@comcast.net).

***Psalm 118:17 "I shall not die, but live, and declare the works of the Lord."***

- FVO Government approved
- **We comply to USA Organics standards, an independent higher standard of certification, and we offer commercial and organic lignans.**
- Our Flax Hull Lignans are safe, natural, mechanically extracted and concentrated.
- **The naturally occurring enzymes from our lignans are intact.**
- Our lignans have a full spectrum of lignans (27 different kinds) and SDG in proper balance.
- **All products under the USA Organics certification are non GMO products.**
- Our product is up to 65% pure lignan content.
- **Our lignans are an excellent source of dietary fiber.**
- We have overseen three rounds of major anecdotal clinical studies on this product. The results we have seen are staggering. Each round of study had 100 people with various ailments. Our study was to see how much the boosting of the immune system through Flax Hull Lignans would affect their ailments. Ninety percent of the people in rounds 1 and 2 reported positive change, and many of them reported dramatic positive change. 10% reported no change at all.
- **In round 3, 100% of the people reported positive change. This round consisted of HIV positive people, with 75% of them exhibiting wasting AIDS symptoms. This study was performed under the care of nurses in Durban, South Africa. The typical response was that viral loads returned to normal and CD4 counts shot up (the measuring of immunity)!!!**
- Among the affected ailments in rounds 1 and 2 were: breast cancer, prostate cancer, diabetes, athlete's foot, AIDS, various cancers, and more. Breast cancers shrunk or were diminished. We do not want to minimize the results that were seen on cancer just because our organization focuses on AIDS treatments. The results were significant! This is a super immune boosting product!

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## Flax Hull Lignans Pricing Information



### **Pricing**

\*Note: In the U.S. this product sells for \$36 - \$40 per person, per month. We are able to provide this to you for an incredibly reduced "non-profit" rate. Three adults or six children can be served for one month with one pound of lignans (one scoop per day). So 1000lbs would be enough for 3000 adults (or) 6000 children per month or 1000 adults (or) 2000 children for 3 months. All of our anecdotal clinical testing was done for a 90 day period. Typical results are seen after consuming the lignans for 6-8 weeks.

### **UP TO 499lbs**

Per Adult: \$10 per month/\$30lb/3 adults per lb

Per Child: \$5 per month/\$30lb/6 children per lb

### **500lbs – 1999lbs**

Per Adult: \$9.50 per month/\$28.50lb/3 adults per lb

Per Child: \$4.75 per month/\$28.50lb/6 children per lb

### **2000lbs – 100,000lbs**

Per Adult: \$8.66 per month/\$25.98lb/3 adults per lb

Per Child: \$4.66 per month /\$25.98lb/6 children per lb

### **Over 100,000lbs**

Contact us.

## **NOTICE OF AVAILABLE GRANTS!**

We have several grants available to help with the cost of the lignans.

Our latest grant has an expiration date of July 1<sup>st</sup>, 2007. If you turn in a completed grant application by July 1<sup>st</sup>, 2007 and you are a non-profit organization, you may qualify for grant money! Monies are granted on a (qualified) first come, first serve basis.

We have sponsoring organizations and churches who help out by donating towards our grant programs. We also have a few shipping grants available. Please contact us for a grant application if you are interested in receiving help with the purchase price

**YOUR REPRESENTATIVE: Mrs. Wendy Selvig – 719.229.0348 – [ARAIREP@comcast.net](mailto:ARAIREP@comcast.net)**

# Flax Hull Lignan Research

Here is a limited example of some recent lignan research...

- **Dutch scientists reported in 2006 that a high dietary intake of plant lignans could reduce the risk of colorectal cancer by half, the first such report linking lignans to this type of cancer. (Published in the June issue of Cancer Epidemiology Biomarkers and Prevention – Vol.15, pp. 1132-1136)**
- Plant lignans give rise to the mammalian lignans, enterodiol and enterolactone; the richest source is linseed (flaxseed). In addition to their oestrogenic activity, these plant compounds can interfere with steroid metabolism and bioavailability, and also inhibit enzymes, such as tyrosine kinase and topoisomerase, which are crucial to cellular proliferation and hence may contribute to lower incidences of prostate cancer. (Eur Urol, 35(5-6): 377, 1999)
- **Research suggests that SDG reduces hypercholesterolemic atherosclerosis and that this effect is associated with a decrease in serum cholesterol, LDL-C, and lipid peroxidation product and an increase in HDL-C and antioxidant reserve. (Prasad K. Circulation, 99(10): 1355, 1999)**
- Dietary estrogens, such as lignan-rich flaxseed, are similar in structure to endogenous sex steroid hormones and act in vivo to alter hormone metabolism and reduce subsequent cancer risk in postmenopausal women. (Hutchins A, Cancer Epidemiol Biomarkers Prev, 9(10): 1113, 2000)
- **Dietary supplementation with secoisolariciresinol diglycoside (SDG), a lignan precursor isolated from flaxseed, significantly reduced pulmonary metastasis cells and inhibited the growth of metastatic tumors that formed in the lungs. (Li D. et al, Cancer Lett, 142(1): 91, 1999)**
- Phytoestrogens are diphenolic compounds that are present in several plants eaten by human beings. Flaxseed is a particularly abundant source of phytoestrogens. When ingested in relatively large amounts, phytoestrogens have been shown to have significant estrogen agonists/antagonists effects in animals and humans. There is epidemiological, laboratory and clinical evidence which indicates that phytoestrogens, like certain selective estrogen receptor modulators, have an antiproliferative effect on the breast, and positive effects on the lipoprotein profile and bone density. They might also improve some of the climacteric symptoms. (Brzezinski A & Bebi A. Eur J Obstet Gynecol Reprod Biol. 85(1): 47, 1999)
- **Flaxseed lignans have antitumor, antimitotic, antioxidant and weak estrogenic activity, are potentially the richest source of phytoestrogens in the human diet and may be linked to a low incidence of breast and colon cancer. Secoisolariciresinol was discovered to be a very potent antioxidant similar to BHA. No toxicity was found in the lignans. (Obermeyer W, et al (US Food and Drug Administration, center for Food Safety and Applied Nutrition, Div. Contaminants Chem., Natural Products Branch), Meeting Of The Federation Of American Societies For Experimental Biology On Experimental Biology March/April, 1993, Faseb J (Fed Am Soc Exp Biol), A863, 1993)**

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## ANALYSIS OF CONCENTRATED FLAX HULL LIGNANS

Test	Results	Units
Moisture- Forced Draft Oven.....	.....9.30%	
Protein - Combustion.....	.....24.9 %	
Ash.....	.....4.89%	
Fiber, Acid Detergent.....	.....18.1%	
Lignan.....	.....30-65 %	
Fiber, Dietary, Total.....	.....51.5%	
Carbohydrates, Calculated.....	.....52.64%	
Calories/100 G.....	.....384	
Tryptophan.....	.....0.24%	
Cystine.....	.....0.41%	
Methionine.....	.....0.42%	
Aspartic Acid.....	.....2.28%	
Theonine.....	.....0.93%	
Serine.....	.....1.15%	
Glutamic Acid.....	.....4.32%	
Proline.....	.....0.84%	
Glycine.....	.....1.39%	
Alanine.....	.....1.05%	
Valine.....	.....1.10%	
Isoleucine.....	.....0.90%	
Leucine.....	.....1.31%	
Tyrosine.....	.....0.47%	
Phenylalanine.....	.....1.02%	
Lysine, Total.....	.....0.88%	
Histidine.....	.....0.48%	
Lignin.....	.....7.0%	
Arginine.....	.....1.88%	
Total Fat.....	.....8.21*%	
Saturated Fatty Acid.....	.....0.76**%	
*Reported as triglycerides		**Reported as fatty acids
Total Monounsatur. Fatty Acids Calc.....	.....1.30%	
Total Polyunsatur. Fatty Acid Calc.....	.....5.79%	
Calcium.....	.....0.48%	
Phosphorus.....	.....0.58%	
Iron.....	.....0.010%	
Magnesium.....	.....0.43%	
Potassium.....	.....1.06%	
Sodium.....	.....0.042%	
Zinc.....	.....0.0055%	
Niacin.....	.....34.4	MG/LB
Vitamin B1 - Thiamine Hydrochloride.....	.....7.12	MG/LB
Vitamin B2 - Riboflavin.....	.....2.69	MG/LB

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**Microbial Analysis for**  
**Concentrated Flax Hull Lignans**

Aerobic Plate Count .....50CFU/g  
Yeast and Mold Count.....30 CFU/g  
Coliform Count.....None detected  
E.coli Count.....None detected  
Salmonella spp.(+/-).....Negative



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To Whom It May Concern

My name is Margaret Whaley and I am the RN that worked on the Flax Lignan Study for ARAI. Let me start by saying that Dr. Daves had approached me several times to ask me if I would "check out" different products claiming to have healing properties for HIV/AIDS and cancer. He wanted my professional opinion before starting a study of any product on AIDS/HIV patients.

I am very particular about what and where my signature is associated. I won't do anything I feel is harmful to anyone. In the past, I had also gone through a life threatening illness and found myself being a "guinea pig" for various medical methods so to speak, and I refused to be a part of that with others. The studies we performed were totally reliant on the participants and their willingness to provide 30, 60 and 90 day reports.

Of course, I was really excited by the written reports that did come in and all of the positive response that the participants were telling me. It made sense that this natural fiber worked so well on so many problems after reading all the research and what participants were telling me. Why wouldn't it work on HIV/AIDS, cancer and other diseases that destroyed the immune system?

One of the most remarkable things they see is, that when they stop taking the flax lignans, their cholesterol goes back up, prostate problems return with rising PSA's, blood glucose is not as easily controlled, or breast lumps return. In one participant, her malignant breast tumors went away when she was taking the flax and then they returned when she stopped taking the lignans. Her doctor compared it to Tamoxifen. She is once again taking the flax.

Karen R., with AIDS was the most remarkable participant. She was dying and on hospice care. Three weeks after starting the flax lignan product, she was cooking a chili dinner for ten people! Her viral load went from 360,000 to non-detectable shortly thereafter. She stopped taking the flax lignans faithfully after the study, and her viral loads re-appeared. She has had to return to maintenance doses of her anti-virals, but laughs because her doctor is telling her to walk more as she is gaining too much weight. She did get married about a year after starting the flax lignan program.

I would gladly tell anyone my views on the flax lignans. I have seen it perform "miracles" in the U.S., and the reports from Africa verify what I have seen in this nation. The cost of the flax is so small compared to pharmaceuticals and it helps with so many disease processes. I feel it would help everyone - even healthy individuals could benefit from the flax. The only side effects I have noted were slight flu-like symptoms for the first few days when beginning the flax. I also noticed some constipation or diarrhea that remedied after making adjustments with fluid intake or increasing or lowering flax doses. I found that in severely ill people, one half (1/2) scoop every other day and then a gradual increase to one full scoop (one teaspoon) a day was just as effective as one or two scoops daily and caused less problems than asking them to just take 1 scoop per day from the start. This product also helps with nutritional stabilization by helping to stop the diarrhea and helps increase appetite for extremely ill people. When nutritional support is high quality, the patient naturally gets better. It all works together to improve the immune system.

Sincerely,  
**Margarete Whaley, RN**

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## CONTACT US



**You can place an order at any time, however if you are a non-profit organization and would like to be considered for one of the grants we have available, please contact us for a grant application form. Once you've completed the application, you can fax, scan and email, or mail it to us at the following locations:**

**FAX: 775-361-2909**

**EMAIL: [ARAIrep@comcast.net](mailto:ARAIrep@comcast.net)**

**MAIL:  
Aids Research Assistance Institute  
c/o Wendy Selvig/Int Relations  
Midwest Office  
3380 Leoti Dr.  
Colorado Springs, CO 80922**

**If you have any questions we could answer, please call:**

**Wendy Selvig  
International Relations Manager  
719.229.0348 (direct line)**

**Thank you! We look forward to working with you!**

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## **Karen/AIDS/USA**

*NOTE: When we found Karen in March, 04', she was bed ridden in hospice care, dying of AIDS in her home after a long multiple year bout with HIV. The doctors told her that there was nothing more they could do for her. Within weeks of starting the flax hull lignan program, she was back up on her feet and actually helped unload a truckload of food to be given away on a church parking lot. Her story is absolutely amazing and has given great hope to many.*

Her reports in her words:

I am almost 100%! I am growing stronger everyday, physically and spiritually, and mentally. I take 1/2 scoop (1 teaspoon) of flax every day. I still have some diarrhea. I am more energetic. My stamina is increasing. I can walk, stand, lift and run again. Doctors are talking of taking me off some of the medications I take. I am no longer in need of a personal caregiver. I do my own cooking, cleaning, laundry and shopping again. I am seeing my doctors every three months now. I am beginning to drive again. Even the scars on my flesh are diminishing. I am healing inside and out.

*NOTE: Karen's viral load dropped to non detectable within months of starting the flax hull lignan program. Since this trial, she has continued to gain weight and she got married a year ago with new hope and a new lease on life.*

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## **Tom/Heart Problems/USA/January 2003**

Patient had suffered a heart attack and had triple bi-pass surgery. 1/03 Participated reports a marked decrease in pain. Reports a drop in cholesterol by 30 points and has required a decrease in blood pressure medication. All coronary arteries remain free of any blockage.

Submitted by: M. Whaley, RN

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## **Alan/HIV Positive/ Fayetteville, GA USA/January 2003**

HIV Viral Load before flax lignans: 135.000

HIV Viral load after flax lignans: Undetectable

CD4 count before: 220 T-cell

CD4 count after: 470

30 Days – More energy and better appetite. Able to rake leaves using less Ativan.

60 Days – VL nondetectable, T-cells up 470; highest to date.

90 Days – Continues with non-detectable VL. Feeling good. Status - will continue taking flax.

Submitted by: M. Whaley, RN

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## **Melinda/Invasive Ductal Carcinoma-right breast/ Charlottesville, Virginia Country USA/March 2003**

Lumpectomy 11/02. 2nd lump in same breast 2/03. Lumpectomy 3/03

Nodes removed believed to be cancer free, but closer exam revealed tumors. Has not done resection of nodes.

Did flax program and tumors disappeared. No chemo. No Radiation.

7/06 Continued to be cancer free and stopped taking flax. A year after the program ended, her tumors reappeared. Started back on flax and tumors are once again gone